

## 2023 ANNUAL REPORT



### RESEARCH AND DEVELOPMENT



### ADVOCACY



### COMMUNITY SERVICE

#### R&D

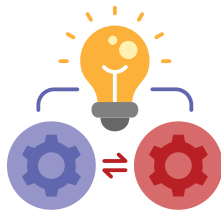


In 2023 we completed phase 1 of our Beehive Immersion Therapy (BIT) project. Moving into phase 2 means we can begin building our long awaited BIT pods and study how they can treat PTSD.

#### R&D AND ADVOCACY

Meta analysis for our Complementary Integration Model (CIM) was completed in Nov 2023.

PHH's R&D team will convert this information into a universal treatment modality for clinicians and clients.



Our goal is to have our CIM model added to the American Medical Association's (AMA) Current Procedural Terminology (CPT) book in the coming years.

#### COMMUNITY SERVICE

# \$8,440

in free community wellness classes provided in 2023.

     **422**    

The number of people that attended PHH community wellness classes and events in 2023.

# 5

PHH was able to partner with five local nonprofits, schools, and business to provide our integrative wellness programming.



#### COMMUNITY SERVICE

In June of 2023 we opened our Metnal Health and Wellness Drop-in Center for operations year round. Our drop-in center is open every Thursday from 10am to 3pm and serves folks ages 14yrs and up from Phoenixville and surrounding townships.

# \$4,895

Is the equivalent dollar amount of sessions that were provided. These sessions are provided by volunteer clinicians and practitioners

# 71

Is the the number of sessions provided to individuals experiencing financial hardship or homelessness, without insurance, or in recovery.

#### A LOOK BACK

